

Chocolate Orange Ginger Smoothie Bowl

8 ingredients · 10 minutes · 1 serving



Directions

1. Add the banana, cauliflower rice, ginger, cacao, collagen, orange extract, and half of the orange to a blender or food processor and blend until a smooth consistency is achieved. You may need to stop and scrape down the sides or use a tamper while blending.
2. Transfer to a bowl. Top with the remaining orange and cacao nibs. Enjoy!

Ingredients

- 1 cup Frozen Banana
- 1/2 cup Cauliflower Rice (frozen)
- 1 tbsp Ginger (fresh, grated)
- 2 tbsps Cacao Powder
- 2/3 oz Collagen Powder
- 1 tsp Orange Extract
- 1 Navel Orange (peeled, chopped, divided)
- 1 tbsp Cacao Nibs (optional)