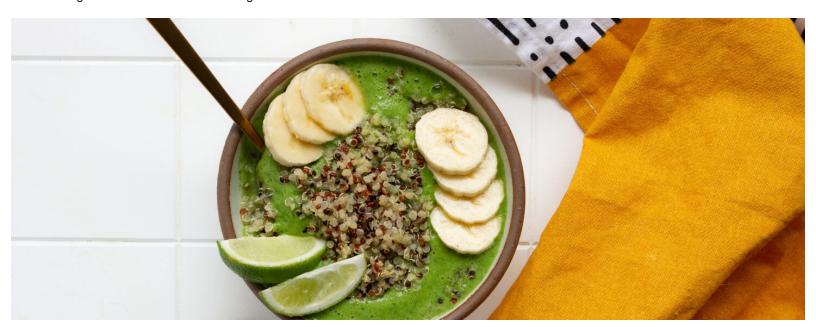
Quinoa Green Smoothie Bowl

7 ingredients · 25 minutes · 1 serving



Directions

- 1. Cook the quinoa according to the package instructions. Let cool.
- While the quinoa is cooling, add the remaining ingredients to a blender and blend until smooth.
- 3. Add the quinoa to a bowl and pour the smoothie over top. Enjoy!

Notes

Leftovers

Refrigerate in an airtight container for up to one day.

Additional Toppings

Shredded coconut, kiwi, hemp seeds, and/or chia seeds.

Make Ahead

Cook the quinoa ahead of time to save prep time when making the smoothie bowl.

Ingredients

1/4 cup Quinoa (dry)

1 cup Water

1 cup Kale Leaves (destemmed and chopped)

1/2 Banana (sliced)

1/2 Lime (juiced)

1/2 Avocado (medium)

2 tbsps Vanilla Protein Powder