

# Quinoa Green Smoothie Bowl

7 ingredients · 25 minutes · 1 serving



## Directions

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1. Cook the quinoa according to the package instructions. Let cool.
2. While the quinoa is cooling, add the remaining ingredients to a blender and blend until smooth.
3. Add the quinoa to a bowl and pour the smoothie over top. Enjoy!

## Notes

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### Leftovers

Refrigerate in an airtight container for up to one day.

### Additional Toppings

Shredded coconut, kiwi, hemp seeds, and/or chia seeds.

### Make Ahead

Cook the quinoa ahead of time to save prep time when making the smoothie bowl.

## Ingredients

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- 1/4 cup Quinoa (dry)
- 1 cup Water
- 1 cup Kale Leaves (destemmed and chopped)
- 1/2 Banana (sliced)
- 1/2 Lime (juiced)
- 1/2 Avocado (medium)
- 2 tbsps Vanilla Protein Powder